

GLS / C / 717-23

CIRCULAR

18th September 2023

Mental Health Training Programme

Dear parents,

Please be informed that Dubai Health Authority (DHA) is organizing an important Mental Health Training programme for parents. This workshop is specifically designed for parents and aims to provide valuable insights and strategies for supporting your child's mental well-being.

The workshop will be conducted online for a duration of 2 hours. Please find the workshop schedule outlined below. To register for the workshop, please click on the respective registration link for the date and time that align with your convenience. The registration process is straightforward, and upon completion, you will receive a confirmation email with a Webinar ID to further access the online workshop.

Workshop Schedule:

Date	Time	Registration Link	Language
Sep 20, 2023	12 pm to 2 pm	bit.ly/43Mekke	Arabic
Sep 25, 2023	9 am to 11 am	bit.ly/43NwOAU	English
Sep 27, 2023	12 pm to 2 pm	bit.ly/3N9h3gG	English
Oct 16, 2023	9 am to 11 am	bit.ly/3PglR6v	Arabic
Oct 19, 2023	12 pm to 2 pm	bit.ly/3PiikVm	English
Oct 23, 2023	9 am to 11 am	bit.ly/448bHZM	English
Oct 26, 2023	11 am to 1 pm	bit.ly/3XfQRWn	Arabic
Oct 30, 2023	9 am to 11 am	bit.ly/447aAK8	English
Nov 6, 2023	9 am to 11 am	bit.ly/3qFKyz1	Arabic
Nov 13, 2023	9 am to 11 am	bit.ly/3Nz2l44	English

We highly encourage all parents to participate in this workshop as it will equip you with valuable knowledge, skills, and strategies to support your child's mental health.

Thank you for your attention, and we look forward to your active participation in this important workshop.

Warm regards,



Asha Alexander

Principal

Executive Leader - Climate Change

آشا ألكسندر

مديرة المدرسة

الرئيس التنفيذي - تغير المناخ