

GLS / C / 670-23

CIRCULAR
BOUNCE X – KG1 & KG2

19th May, 2023

Dear Parents,

Schools have an essential role to play in supporting students to make healthy lifestyle choices and understand the effects of their choices on their health and well-being. GEMS Legacy School continuously strives to make student health and well-being a top priority, and this is demonstrated through the Nutrition curriculum as well as the Bounce-Ed trips.

THE BOUNCE-ED ADVANTAGE

The Bounce-Ed trips are seamlessly woven into the school timetable and the cross-curricular learning objectives are deeply embedded in the curriculum. Bounce-Ed as a sports facility functions as an external laboratory for students and caters to their physical and mental growth. It harnesses the rebound benefits of Trampolining and uses it to deliver a unique challenge and adventure experience.

BOUNCE trainers work with our teachers to create unique programs and experiences that develop coordination and confidence across diverse age groups and levels of skill. The focus is on maximizing individual and group participation regardless of ability, and programs are delivered in an environment that is as inclusive and encouraging, as it is exciting and inspiring. We hope that through trampolining students are able to build stamina of the mind and body as they experience first-hand Newton's Law of Motions or deepen their learning of gravity.

Additionally, trampolining is often promoted as one of the best and most effective exercises one can do! NASA believes that "rebound exercise is the most efficient, effective form of exercise yet devised by man." Trampolining is a low-impact workout that tones muscles and improves coordination and creates a sense of balance leading to enhanced well-being. It can help combat depression, anxiety, and stress by increasing the number of endorphins released by the brain.

Parents/guardians will need to sign the [Bounce Waiver Form](#) in order to be able to take part in the school trip. It is an online form. If the parent/guardian has not signed the waiver, the student will not be able to attend the trip.

The cost of the trip is **150 AED** and is inclusive of additional offerings such as a 2-for-1 pass on your next visit and a delicious meal with soft drinks.

For further details, find attached the flyer, and to proceed with the registration, please find appended the steps for payment pathway. **Registration for Kindergarten closes on the 1st of June 2023.** KG trips will be planned for the **6th to 8th June 2023.** The class teacher will confirm the exact date of the trip for her respective section.

We look forward to our students experiencing this exciting opportunity!

Warm regards,



Asha Alexander

Principal

Executive Leader - Climate Change

آشا ألكسندر

مديرة المدرسة

الرئيس التنفيذي - نغى المناخ

BOUNCE X FREESTYLE TERRAIN PARK

GEMS مدرسة جميس ليجانسي **LEGACY SCHOOL**

STUDENT TRIPS

JUMP INTO A WORLD OF FREESTYLE AND FUN ON YOUR NEXT SCHOOL TRIP TO BOUNCE!

- AWESOME DEDICATED HOSTS** TO ASSIST AND MAKE SURE EACH VISIT IS FUN
- FUN ACTIVITIES AND GAMES** INCLUDING DODGEBALL, OBSTACLE COURSES AND MORE!
- PRIVATE ACCESS TO THE LARGEST BOUNCE VENUE** IN THE WORLD
- DELICIOUS MEAL** WITH DRINKS FOR RECHARGING BATTERIES
- FUN-FILLED SAFE ENVIRONMENT** TO BUILD SELF-ESTEEM AND COORDINATION
- 2 FOR 1 PASS** FOR YOUR NEXT VISIT
- A SCREEN-FREE ENVIRONMENT** TO KEEP KIDS ACTIVE AND MOVING
- 2 HOUR PRIVATE ACCESS** FOR AED 150

SCAN HERE TO CHECK OUT THE HOME OF FREESTYLE!

SEE YOU AT BOUNCE X

bounce.ae | 04 3049 333 | #bouncemideast

The steps for the payment pathway for 'BOUNCE X KG 1 & KG 2'. How to register & pay for an activity online?

Step 1: Login to GEMS Parent Portal with parent login credentials ([Click here to Login](#)).

Step 2: Click **Enroll in Activities** under Quick Links or click on the **Activities** tab on the left Navigation menu.



Step 3: To register your ward, select the activity '**BOUNCE X KG 1 & KG 2**'.

Step 4: Select '**Request to Enroll**'

Step 5: Click '**Send Request**'

Step 6: To make a payment, click **Fee and Payments** -> **Fee Payment** on the left menu. The Fee Payment page is displayed. Click the **Activity Fee** tab. Observe the **Net Payable** amount that is displayed. Click **Proceed To Pay**.

