

GLS/C/1032-25

CIRCULAR

21 April 2025

**BOUNCE X Field Trip Grades 1 - 5**

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Dear Parents,

Schools have an essential role to play in supporting students to make healthy lifestyle choices and understand the effects of their choices on their health and well-being. GEMS Legacy School continuously strives to make student health and well-being a top priority, and this is demonstrated through the Nutrition curriculum as well as the Bounce-Ed trips.

**THE BOUNCE-ED ADVANTAGE**

Bounce-Ed trips are seamlessly integrated into the school timetable, with cross-curricular objectives embedded in the curriculum. Serving as an external sports lab, Bounce-Ed supports students' physical and mental well-being through the benefits of trampolining—an inclusive, low-impact activity that improves coordination, confidence, and emotional health.

BOUNCE trainers collaborate with our teachers to create engaging, age-appropriate programs that emphasize participation, adventure, and personal growth. For Grades 1 and 2, the experience will be further enriched with fun workshops like **pizza-making or cookie-baking**, combining learning with life skills. Students in Grades 3 to 5 will enjoy exciting challenges like **dodgeball competition**, **timed obstacle races**, and **tug-of-war**, fostering teamwork, resilience, and a spirit of healthy competition.

Together, these activities make Bounce-Ed a holistic, fun-filled learning adventure beyond the classroom.

We are excited to announce that all participating students will receive a voucher for a 1-hour Complimentary Access from BOUNCE X, for them to use with sibling, friend or Parent the next time they visit BOUNCE.

The cost of the trip is 150 AED and is inclusive of complimentary 1-hour access for your next visit and a delicious meal with soft drinks. Grade-wise trips will be planned on 29<sup>th</sup> April and May 1<sup>st</sup>, 6<sup>th</sup>, 7<sup>th</sup> 2025. The class teacher will confirm the exact date for her section's trip.

**Parents/guardians are requested to sign the BOUNCE waiver form as per your child's grade to enable students to take part in the school trip. It is an online form. If the parent/guardian has not signed the waiver, the student will not be able to attend the trip. Please find the link for the waiver form below:**

Grade	Link for waiver form
1	<a href="https://forms.roller.app/#/bouncedfc/87359327351b444/form">https://forms.roller.app/#/bouncedfc/87359327351b444/form</a>
2	<a href="https://forms.roller.app/#/bouncedfc/af8ae5c689094d7/form">https://forms.roller.app/#/bouncedfc/af8ae5c689094d7/form</a>
3	<a href="https://forms.roller.app/#/bouncedfc/2e895f21c0de4ed/form">https://forms.roller.app/#/bouncedfc/2e895f21c0de4ed/form</a>
4	<a href="https://forms.roller.app/#/bouncedfc/048c0b2c20d3420/form">https://forms.roller.app/#/bouncedfc/048c0b2c20d3420/form</a>
5	<a href="https://forms.roller.app/#/bouncedfc/048c0b2c20d3420/form">https://forms.roller.app/#/bouncedfc/048c0b2c20d3420/form</a>

To proceed with the registration, please find below the pathway. Registration for Grades 1 – 5 closes on the following dates:

Grade	Date for closing registrations
1	28 <sup>th</sup> April 2025 at 2:00 P.M.
2	30 <sup>th</sup> April 2025 at 2:00 P.M.
3	5 <sup>th</sup> May 2025 at 2:00 P.M.
4	5 <sup>th</sup> May 2025 at 2:00 P.M.
5	5 <sup>th</sup> May 2025 at 2:00 P.M.

Warm regards,



**Asha Alexander** أشا ألكسندر

**Principal** مديرة المدرسة

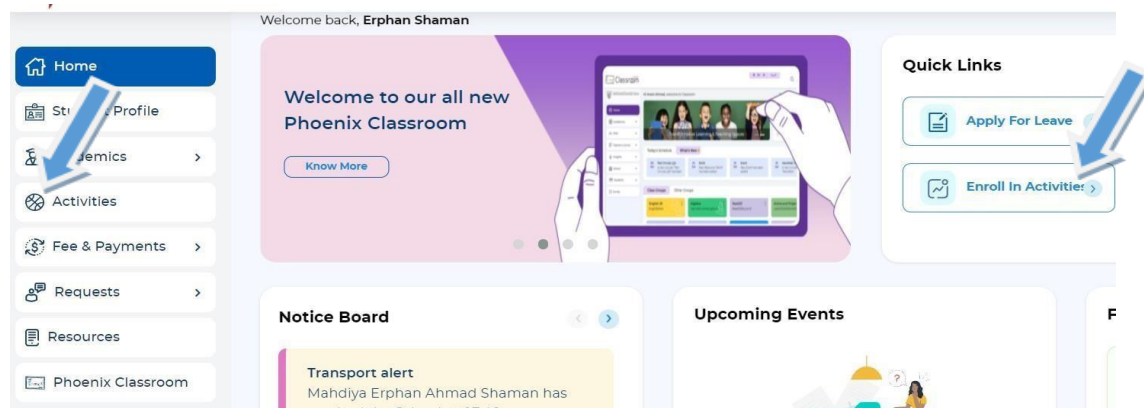
**Executive Leader - Climate Change** الرئيس التنفيذي - تغير المناخ

## STEPS FOR THE PAYMENT PATHWAY:

How to register & pay for an activity online?

**Step 1:** Log in to GEMS Parent Portal with parent login credentials ([Click here to log in](#)).

**Step 2:** Click on **Activities** under Quick Links or click on the **Activities** tab on the left Navigation menu

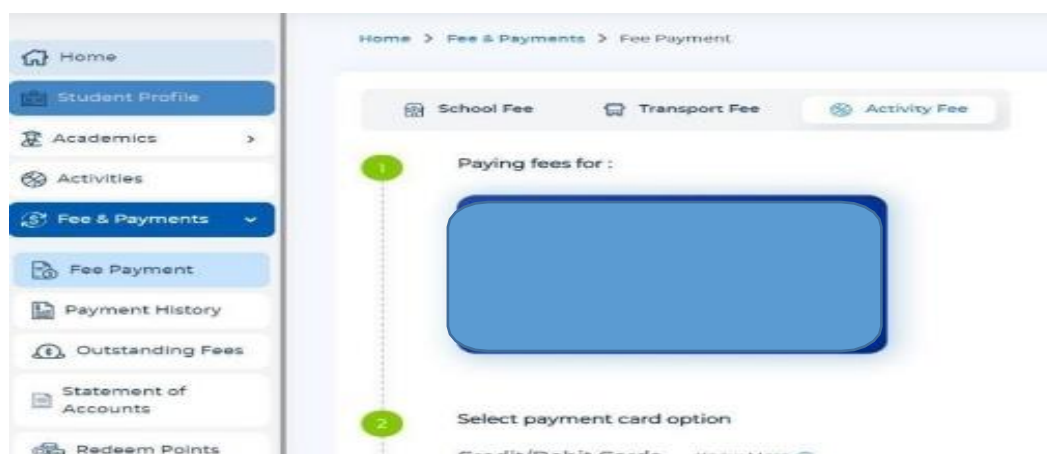


**Step 3:** To register your ward, select activity - **BOUNCE X Field Trip**

**Step 4:** Select 'Enroll'

**Step 5:** Click 'Send Request'

**Step 6:** To make a payment, Click **Proceed to Pay** and 'Confirm & proceed' to complete.





## WHAT TO EXPECT FOR YOUR SCHOOL TRIP TO BOUNCE!

BOUNCE is a sports facility that harnesses the rebound benefits of Trampolining and uses it to deliver a unique school trip experience. We are proud to have hosted over 100,000 school kids in the region since the opening our first facility in 2014 in Dubai. We are also proud to be awarded The Best Indoor Sport And Recreational Facility in the Gulf region, according to the SPIA Sports Awards.

BOUNCE School Trips have been developed to provide physical, social and emotional benefits to primary and secondary aged children of any skill level. We aim to help children make a connection between fun and physical activity. The experience also encourages a positive mindset towards developing ongoing physical activity habits.

The BOUNCE environment also helps children develop friendships and social skills while keeping healthy and active.



## DEDICATED BOUNCE HOSTS!

BOUNCE hosts are selected and trained around our philosophy of inspiring physical activity, self-expression and human connection.

A trained BOUNCE HOST will ensure that the students have an AMAZING experience, maximizing fun whilst enforcing safety



One person per trampoline



Jump within your skill level



Don't jump or land on padding



Don't land on your hands

## SAFETY RULES & GUIDELINES

### SAFETY IS OUR NUMBER 1 PRIORITY

Please understand the risks & take care. BOUNCE is an action sports facility. Like all sports, participants need to decide if the benefits of involvement are worth the risk. Jumping, rebounding using trampolines creates the risk for potential injury even when being safe. The potential for injury is greatly reduced when you follow the non-negotiable safety rules, which are communicated verbally and visually to all school trips during the welcome brief, at all areas prior to jumping and is displayed throughout the venues.

## WHAT'S NEXT?

The whole point of BOUNCE is to have as much fun as possible jumping around. A critical part of this is a safe and soft environment to enjoy a real sense of freedom. Our rules, guidelines and host supervision are designed to keep everyone safe and minimize the chance of injury. As always, BOUNCE is a Sports Facility so in order to take part in activities, the following Waiver must be signed by a parent or guardian online prior to the trip.



The BOUNCE mission is to 'Inspire movement, create expression and human connection'.  
This is our Purpose and we can't wait to share it with your kids!



**BOUNCE**  
FREE SPIRITS UNLEASHED