

GLS/C/1273-26

CIRCULAR

12 June 2026

BOUNCE-X FIELD TRIP (GRADES 1 & 2)

Dear Parents,

Schools have an essential role to play in supporting students to make healthy lifestyle choices and understand the effects of their choices on their health and well-being. GEMS Legacy School continuously strives to make student health and well-being a top priority, and this is demonstrated through the Nutrition curriculum, Beyond 100 and the Bounce-Ed trips. BEYOND 100 is a longevity and wellbeing education programme designed to support young learners in developing healthy habits and essential life skills. This innovative initiative equips students with the tools to thrive both in school and beyond through evidence-based practices and Japanese-inspired approaches to wellbeing and longevity.

THE BOUNCE-ED ADVANTAGE

Bounce-Ed trips are seamlessly integrated into the school timetable, with cross-curricular objectives embedded in the curriculum. Serving as an external sports lab, Bounce-Ed supports students' physical and mental wellbeing through the benefits of trampolining—an inclusive, low-impact activity that improves coordination, confidence, and emotional health.

BOUNCE trainers collaborate with our teachers to create engaging, age-appropriate programs that emphasize participation, adventure, and personal growth. For Grades 1 and 2, the experience will be further enriched with fun workshops like pizza-making or cookie-baking, combining learning with life skills. Students will also enjoy exciting age-appropriate and suitable challenges like dodgeball competitions, timed obstacle races, and tug-of-war, fostering teamwork, resilience, and a spirit of healthy competition.

Together, these activities make Bounce-Ed a holistic, fun-filled learning adventure beyond the classroom. We are excited to announce that all participating students will receive a voucher for a 1-hour Complimentary Access from BOUNCE X, for them to use with sibling, friend or Parent the next time they visit BOUNCE.

The cost of the trip is **150 AED** and is inclusive of complimentary 1-hour access for your next visit and a delicious meal with soft drinks. Grade-wise trips will be planned on **29th & 30th June 2026 subject to KHDA approval**. The class teacher will confirm the exact date for her section's trip.

Parents/guardians are requested to sign the BOUNCE waiver form as per your child's grade to enable students to take part in the school trip. It is an online form. If the parent/guardian has not signed the waiver, the student will not be able to attend the trip. Please find the link for the waiver form below:

Grade	Link for waiver form
1	BOUNCE WAIVER FORM GRADE 1
2	BOUNCE WAIVER FORM GRADE 2

To proceed with registration, please refer to the attached payment pathway for guidance. Registration for Grades 1 and 2 closes on the following dates:

Grade	Date for closing registrations
1	26 th June 2026 at 11:00 P.M.
2	27 th June 2026 at 11:00 P.M.

We are excited to offer this unique opportunity and look forward to a fun and enriching experience for our students. Thank you for your continued support and cooperation.

Warm regards,



Asha Alexander أشا ألكسندر

Principal مديرة المدرسة

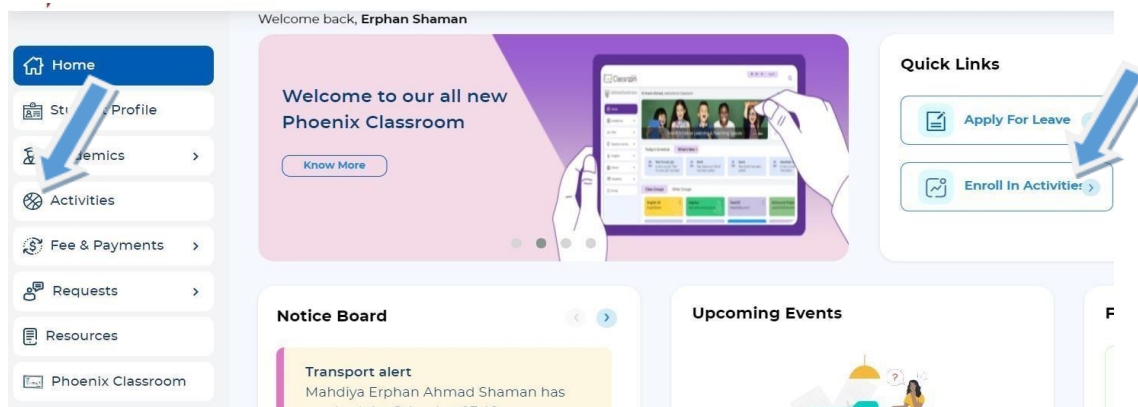
Executive Leader - Climate Change الرئيس التنفيذي - تغير المناخ

STEPS FOR THE PAYMENT PATHWAY:

How to register & pay for an activity online?

Step 1: Log in to GEMS Parent Portal with parent login credentials ([Click here to log in](#)).

Step 2: Click on **Activities** under Quick Links or click on the **Activities** tab on the left Navigation menu



Step 3: To register your ward, select activity - **BOUNCE-X Field Trip (Grades 1 & 2)**

Step 4: Select 'Enroll'

Step 5: Click 'Send Request'

Step 6: To make a payment, Click **Proceed to Pay** and 'Confirm & proceed' to complete.

