

GLS/C/1244-26

CIRCULAR

30 April 2026

**NEWSLETTER - INSIGHTS (VOL.23) - HOPE IN MOTION - BUILDING STABILITY TOGETHER**

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Dear Parents,

We are pleased to share with you **Volume 23 of our school newsletter –INSIGHTS: The Journey Within**, focusing on the timely and important topic: **“Hope in Motion - Building Stability Together”**

**Newsletter - Insights (Vol.23) - Hope in Motion - Building Stability Together**

Key Points:

- Supporting children’s **emotional wellbeing during uncertain times** through practical strategies
- Building **resilience, confidence, and adaptability** in children through everyday parenting practices.
- Understanding the importance of **core values** such as patience, gratitude, accountability, and compassion in shaping a child’s character.
- Incorporating **simple yet effective habits at home** to nurture positive thinking and responsible behaviour.
- Promoting **financial awareness and responsibility** as an essential life skill for long-term stability.
- Encouraging **optimism and goal setting** to help children stay motivated and hopeful about the future.
- Strengthening **parent-child relationships** through consistent guidance and positive role modelling.

For any concerns or guidance, parents may reach out to our school counsellors provided in the Newsletter:

- Ms. Reshma Rachand
- Ms. Meghna George
- Ms. Smriti Khurana
- Ms. Yusra Asif

**Newsletter - Insights (Vol.23) - Hope in Motion - Building Stability Together**

Thank you for your continued cooperation in nurturing responsible, confident, and digitally aware learners.

Warm regards,



**Asha Alexander** أشا ألكسندر

**Principal** مديرة المدرسة

**Executive Leader - Climate Change** الرئيس التنفيذي - تغير المناخ