

GLS/C/1162-26

CIRCULAR

06 January 2026

**INVITATION TO ATTEND INTRODUCTORY SESSION –
HEALTHY NUTRITION AWARENESS PROGRAM**

Dear Parents,

We would like to inform you that the **Dubai Health Authority (DHA)** has launched an **Awareness and Education Program to Promote Healthy Nutrition Practices** for students and parents in private schools across Dubai.

As part of this initiative, parents are invited to attend an **online introductory session**, which aims to raise awareness about healthy dietary habits and the important role families play in supporting students' physical wellbeing, mental activity, and overall development.

About the Program

The program focuses on:

- Promoting healthy eating practices among students
- Supporting parents with practical and scientific guidance on nutrition
- Encouraging healthy habits at home and within the school environment

Session Details

- **Platform:** Microsoft Teams (Virtual Session)
- **Session Options (choose anyone):**
 - **Wednesday, 7 January 2026:** 7:00 PM – 7:45 PM [Join Session](#)
 - **Thursday, 8 January 2026:** 7:00 PM – 7:45 PM [Join Session](#)
 - **Friday, 9 January 2026:** 7:00 PM – 7:45 PM [Join Session](#)

Parent Survey Participation

Parents are encouraged to participate in a short survey related to the session.

- The survey will take approximately **5–7 minutes**
- It will be shared **before and after the session** to assess awareness and program effectiveness
- All responses will be treated with **strict confidentiality** and used only for program development

We strongly encourage all parents to attend this session and actively participate in supporting healthy nutrition practices for our students.

Thank you for your continued cooperation and support.

Warm regards,



Asha Alexander أشا الكسندر

Principal مديرة المدرسة

Executive Leader - Climate Change الرئيس التنفيذي - تغيير المناخ